

HONR-300TK

Psychology of Happiness

Course Information

Course: HONR-300

-3:20pm MW in Blair 115

Instructor Information

Instructor: Dr. William Davis

Office: Blair Hall 111

Student Hours: Mondays and Wednesdays 3:30-5:00pm, [by appointment](#), or drop by if my door is open

Email:

Mini-Midterm and Integrative Reflection (10% of total)

You will have one week to complete a take-home mini-midterm exam that covers content from the first several weeks of class. The information covered in the first few weeks of class serves as a foundation that we build upon for the rest of the semester, so it is especially important that you fully understand it. Occasionally, we will also have integrative reflection assignments in which you will discuss and apply the information we have learned over the course of several weeks. These assignments will give you an opportunity to draw out connections between our different topics and consider how they can be applied to the real world and your own life.

Major Paper(s) /Project(s) (35% of total)

You will propose an integrative and culminating paper or project (or multiple smaller papers/projects) in this course.

Guidelines for Success

Moodle

All class announcements and assignments will be posted on Moodle. You should get in the habit of checking our Moodle site at least once daily.

Technical Assistance

If you experience any technical issues related to this course, please let the instructor know as soon as possible. The Solution Center can also help you if you are having trouble with Moodle or printing an assignment.

Communication (Email & Course Messages)

The best way to get in touch with me is by email (davisw4@wittenberg.edu)

HONR-

Calendar of Course Topics, Assignments, and Activities

A preliminary list of course topics and associated readings is provided below. I fully expect that topics and

Week 14 Personality Gratitude

M 11/25 Friedman & Kern, 2014
Wood, Froh, & Geraghty, 2010

Perusall Discussion of Readings
Reflection: Gratitude Intervention

W 11/27 **THANKSGIVING BREAK**