PERSONAL ASSESSMENT: ESTABLISHING ACADEMIC PRIORITIES

FACTORS CONTRIBUTING TO ACADEMIC PERFORMANCE

Check each of the items you feel may have con	ntributed to your present academic situation		
Have any course problems made learning difficul	t for you?		
Inappropriate background for course	Unrealistic amount of work assigned in class No interest in particular course		
Course load too heavy			
Uncertain about your academic and/ or career goals			
Other course problems:			
Are there <u>personal issues</u> that may have interfere	ed with your performance?		
Health issues	Loneliness		
Financial difficulty	Burnout from taking classes		
Too many commitments	Unresolved personal problems Family problems		
Lack of confidence in your abilities			
Social distractions	Substance abuse		
Change in relationship with someone important you	Anxiety		
So far, no personal issues have interfered with my	Learning disabilities		
academic performance	Learning-related issues		
Have any of the following institutional factors m	nade learning difficult for you?		
Teaching	Unaware of support services that can help		
Problems with instructors	No opportunity for involvement with other students		
Classes too large	Few people with interests or backgrounds similar to your		
Campus values differ from yours	Advising		
Lack of good tutors	Inadequate facilities for studying No, I feel that I have had a good Wittenberg learning experience		
Other institutional factors:			
Has your <u>approach to studying</u> hindered your ac	cademic progress?		
Good intentions but poor follow through	Too little time for review		
Concentration easily broken	Material quickly forgotten		
Worries about failure interrupt study	Memorization substituted for understanding		
Spotty reading of textbooks	Too little time to prepare for tests		
Unprepared for classes	Unexpected questions on tests		
Lecture notes useless for studying	Unsure about how to study		
Uncertain about what is important to study	Other approaches to studying:		
Are there other factors that might be making lea	rning difficult?		
Enrolled in college because you were expected to	Unsure about how college fits into your goals		
External expectations rather than internal	Learning is rarely fun		
motivation keeps you on campus On and off-campus activities distract you	 Negative emotions (stress, boredom) are part of college routine Energy low for completing assignments 		
Athletic program did not work out	Learning has not been difficult at Wittenberg		